



The four elements of **meaning** in non-verbal communication

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Meaning
/'mi:nɪŋ/

"what is meant by a word, text,
concept, or action."

Oxford Dictionary

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1. INTENTION





2. ATTENTION





3. DECISION



4. FEELING



What is the intention?

Where is the attention?

When are the decisions?

How is it progressing?

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These elements or qualities
are ever-present in our
experience of ourselves,
our world and others.

(Laban)

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Each can be consciously
worked with, using
movement, voice & actions; or
even image, music & text,
for creative, expressive and
communication purposes.

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To do so, is to EMBODY meaning ...

embody

/ɪmˈbɒdi,ɛmˈbɒdi/

verb

"be an expression of or
give a tangible or visible form to
(an idea, quality, or feeling)."

Oxford dictionary



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